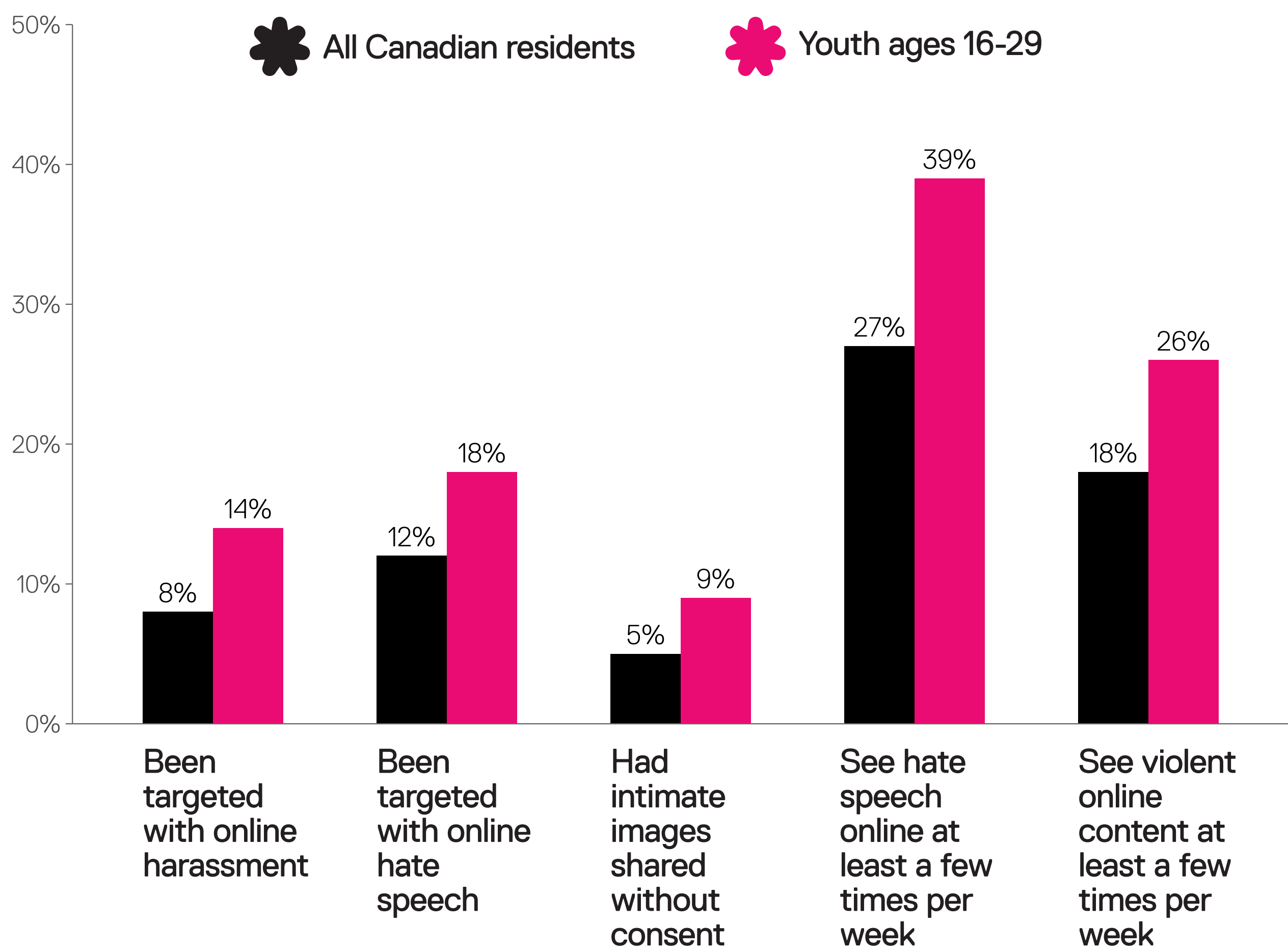


Younger Canadians are around **50% MORE LIKELY** to have experienced online harm.

Younger Canadian residents' exposure to different types of online harms



Read more at dais.ca/onlineharms

The Case for Phone-Free Schools

Canadian adolescents average nearly

8 hours

of screen time per day,
about four times national
recommendations.

Source: (COMPASS Survey)



81%

of Canadians
support school
phone restrictions.

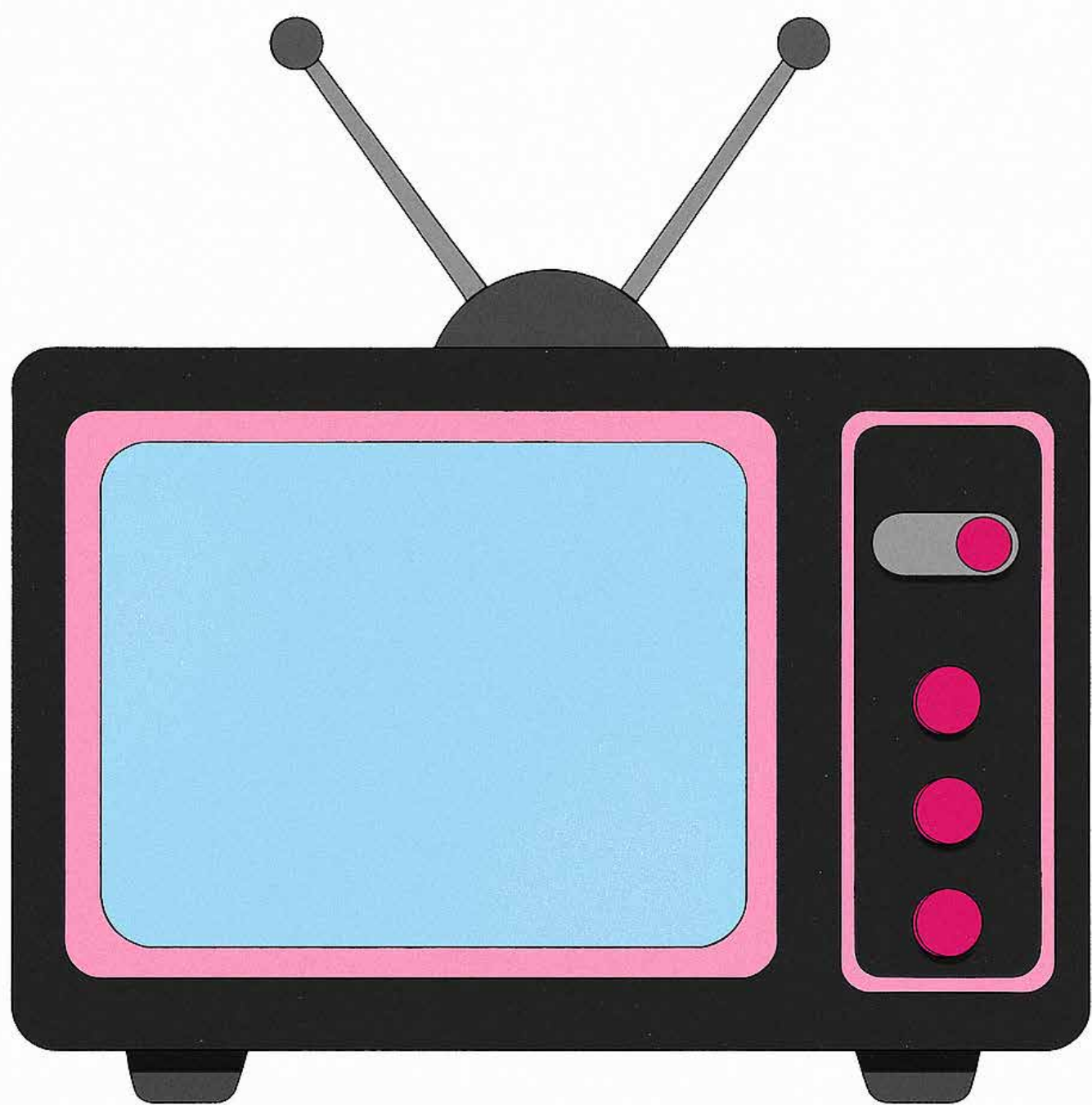


40%

say current school
phone restrictions are
not very effective.

News Habits by Age

60+



**Older Canadians
Stick to TV &
papers**

News Habits by Age

<30



**Young Canadians
get their news
from YouTube,
Insta & TikTok**

How Youth Use Their Phones?

85% of young Canadians received their first smartphone before age 14.



44% worry they spend too much time online, yet 59% say they'd be upset if forced offline for a week (outside schoolwork).

Worry climbs to 50% among teens who keep phones in the bedroom vs 38% who don't.

Date from: MediaSmarts. Young Canadians in a Wireless World, Phase IV: Life Online. Ottawa: MediaSmarts, 2022.

77%

of young Canadians have their own smartphone (ages 9-17). That number rises to 93% among 14-17 year-olds.

62% have talked to someone online they've never met; 20% do so daily.

40% use phones to chat during class without teachers knowing.

9% admit using them to cheat; 17% have used them to troll/prank.